

Working Together to Benefit our Community

North Somerset

Community Team for People with Learning Disabilities (CTPLD)



Community Nursing

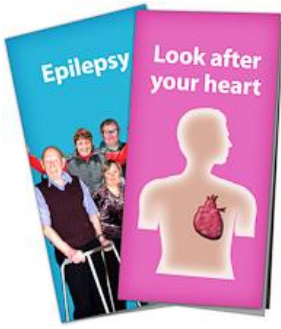


Our team of **Community Nurses** support people with learning disabilities to stay healthy.

- We will work with you, your family and support staff to know more about your health needs.
- We can help people in other services understand how to support you better.
- We offer training to carers in health related areas - for example: epilepsy, health action planning and end of life care.



- We can help you to understand about your health and to be involved in decisions about your care and support.
- We can help to find the right support and services to meet your health needs, now and in the future.
- We collect information about your health needs (assessments)
- We develop plans about your health care to keep you safe - for example: epilepsy or medication.



- We can give you information about being healthy that is easier for you to understand.
- We can help you to be less worried about appointments or tests.



We can support you to access health services for example: Doctors (GP), Dentists, Opticians or Hospitals.



We will help you to make sure that you receive:

- Yearly Health Checks
- Regular screening to make sure you are healthy

We will work with you to develop a health action plan.



We can provide advice about what to do if you feel unwell.

For more information - contact us:

	Address	<p>Community Team for People with Learning Disabilities (CTPLD) Castlewood (Post Point 10) Tickenham Road Clevedon BS21 6FW</p> <p>Office Opening Times: Monday - Thursday 8:45 am - 5 pm Friday - 8:45 am - 4:30 pm</p>
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	Website	<p>www.ld4u.org.uk</p>