



When you have spoken to someone a professional will contact you.

The professional will listen to you and ask you what you want to happen.



They will support you to do whatever needs to be done to sort out the situation and help you feel better. This may include talking to other professionals.



You may need to see a Doctor (GP) or a Police Officer. You can choose someone to be with you as support.



For more information please look at our websites:
www.n-somerset.gov.uk
www.ld4u.org.uk



Safeguarding Adults Policy



This is a leaflet that tells you:

- What **abuse** and **neglect** is.
- How to tell someone about it.
- What will happen if you tell someone.



If someone is harming you NOW - you can call the Police by telephoning 999.

To discuss your concerns you can:

- Talk to your Social Worker
- Talk to someone you can trust like a member of your family.
- Call Care Connect on 01275 888801
- Call the Police on 101





Abuse is when someone does something to you that you do not like.



Neglect is when you are not given the care and support you need.



An **adult at risk** is a person who:

- Is over 18.
- Has a mental illness, learning disability or physical disability.
- Has care and support needs.
- Cannot protect or speak up for themselves.



An **abuser** could be someone you know such as a member of your family, a care support worker, a friend or a house mate.



An abuser could also be someone you do not know such as a person in the community.

There are different types of abuse and neglect:



Physical Abuse can include: hitting, pushing, scratching, kicking or biting



Sexual Abuse can include: Touching someone where they do not want to be touched.



Emotional Abuse is when you are made to feel sad inside.



Financial Abuse can include: Taking your money or benefits without your permission.

If you are worried about somebody these are some of the signs you can look for:



- Bruising, cuts, scratches, black eyes or broken bones.
- The person may appear hungry or dirty.
- A person's mood and behaviour may change, they could cry or become angry.
- The person may not have any money.
- The person may have an illness that has not been treated.

