

Working Together to Benefit our Community

**COMMUNITY TEAM FOR  
PEOPLE WITH LEARNING  
DISABILITIES (CTPLD)  
TRAINING PROSPECTUS**

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**2017**

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**LEARNING**together

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## WELCOME TO LEARNING DISABILITIES TRAINING

Welcome to the Learning Disabilities Prospectus from North Somerset Community Partnership and North Somerset Council. This is a current list of training available to carers, families, support staff, home managers and care professionals across North Somerset.

We are constantly striving to deliver the highest quality of training through face to face workshops led by subject specialists.

We hope you will find this prospectus useful and look forward to working with you in the future. If you need any advice or further assistance please do not hesitate to contact us:

**Learning Disabilities Training  
Pill Health Clinic  
3 Station Road  
Pill  
BS20 0AB**

**Email: [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)**

**Telephone: 01275 813878**

**Telephone: 01934 427600**

## BOOKING YOUR TRAINING

If you are an external organisation and wish to book one of our courses or find out available dates, please contact us by email: [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk) or telephone 01275 813878 and we will be happy to send you available dates, a booking form and our terms of business. **There is a small charge for paid carers**

## AUTISM: SUPPORTING COMMUNICATION

**Description:** This course has been designed for care providers, key workers, support staff and family carers who support people with autistic spectrum disorders. The course is also suitable for qualified health professionals who would benefit from an introduction to communicating with people with autism. The learning outcomes of this course are:

- Enable carers and professionals to identify how autism impacts on communication.
- Increase knowledge about the different ways people with autism comprehend information.
- Identify optimum communication strategies that can be used to support communication

How to make positive changes to an individual's communicative environment

**Course Type:** Workshop

**Course code:** 831-LD-ASC

**Agenda:** 9.30-4.30pm

**Dates:** 3<sup>rd</sup> March 2017 – Castlewood, 21<sup>st</sup> June 2017 – The Motex Centre, WSM.

**How to book:** Via booking form or 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 7 hours

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £30

## COMMUNICATING WITH PEOPLE WITH LEARNING DISABILITY

**Description:** This course has been designed for care providers, key workers, support staff and family carers who support people with learning disability and communication difficulty. The course is also suitable for qualified health professionals who would benefit from an introduction to communicating with people with a learning disability. The learning outcomes of this course are:

- Increase knowledge about barriers impacting on our ability to communicate effectively with service users with a learning disability.
- Increase knowledge about the variety of communication strategies recommended by Speech & Language Therapy to help overcome communication barriers.
- Ensure awareness of the role and responsibility of a communicative partner in facilitating good communication and supporting communication approaches.

**Course Type:** Workshop

**Course code:** 831-LD-CEC

**Agenda:** 9.30-4.30pm

**Dates:** 17<sup>th</sup> March 2017 – Castlewood, 4<sup>th</sup> October 2017 – The Motex Centre.

**How to book:** Via booking form or 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 7 hours

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £30

## EPILEPSY AWARENESS

**Description:** Identify 'what is epilepsy', Have an understanding of the causes of epilepsy, Awareness of the diagnostic process, Awareness of epilepsy treatment, Recognise different types of seizures, Support an individual whilst having a seizure, Balance the potential risks with a person's lifestyle choices, Know the importance of effective monitoring and recording, Have an understanding of epilepsy management plans, Safely administer Buccal Midazolam

**Course Type:** Workshop

**Course code:** 831-EPI

**Agenda:** 9.15-4.45pm

**Dates:** 19<sup>th</sup> January 2017, 16<sup>th</sup> March 2017, 23<sup>rd</sup> May 2017, 13<sup>th</sup> July 2017, 14<sup>th</sup> September 2017, 21<sup>st</sup> November 2017

**All at Pill Health Clinic, Pill**

**How to book:** Via booking form or 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 7 hours

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £30

## EPILEPSY UPDATE

**Description:** Refresh and update existing knowledge in the following areas:

- Recognising epilepsy & seizure types
- Diagnosis of epilepsy
- Treatment of epilepsy
- Risk assessment and management
- Administration of Buccal Midazolam

**Course Type:** Workshop

**Course code:** 831-EPIU

**Agenda:** 9.15-1.15pm

**Dates:** 22<sup>nd</sup> February 2017, 24<sup>th</sup> April 2017, 22<sup>nd</sup> June 2017, 24<sup>th</sup> August 2017, 19<sup>th</sup> October 2017, 13<sup>th</sup> December 2017

**All at The Motex Centre**

**How to book:** Via booking form or 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 4 hours

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £20

## POSITIVE BEHAVIOUR SUPPORT - ELEARNING

**Description:** For carers, families, support staff, home managers and professionals. To support participants to gain an understanding of behaviours that challenge services. To provide insight into the PBS model.

**Course Type:** Elearning

**Course code:** 831-SFH-PBS-elearning

**How to book:** Via 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

You will be sent a link to the Managed Learning Environment and a username and instructions on how to access and complete the elearning.

**Duration:** 1-2 hours

**Cost:** Free to all



## POSITIVE BEHAVIOUR APPROACH (2 DAY WORKSHOP)

**Description:** For carers, families, support staff, home managers and professionals. To support participants to gain an understanding of behaviours that challenge services

To provide insight into the PBS model

To enable participants to do basic functional analysis of behaviours

To be able to create evidence based PBS plan

To develop participants risk management skills

To enable participants to accurately review and update their plans

**Course Type:** Workshop

**Course code:** 831-PBA-2 day

**Agenda:** 2 days – 10-4.30pm

**Dates:** TBC

**How to book:** Via booking form or 01275 813878 or email

[learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 2 days

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £60

## SUPPORTING SWALLOWING DIFFICULTIES

**Description:** This course has been designed for care providers, key workers, support staff and family carers who support people with a learning disability with difficulty eating, drinking and/or swallowing. The course is also suitable for qualified health professionals who would benefit from an introduction to swallowing difficulty.

The course will enable carers and professionals to identify eating, drinking and swallowing difficulty and provide/review optimum conditions to support service users, in line with their eating and drinking instructions.

**Course Type:** Workshop

**Course code:** 831-LD-SSD

**Agenda:** 9.30-4.30pm

**Dates:** 3<sup>rd</sup> February 2017 – Pill Health Clinic, 10<sup>th</sup> May 2017 – Pill Health Clinic, 13<sup>th</sup> September 2017 – The Motex Centre.

**How to book:** Via booking form or 01275 813878 or email [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)

**Duration:** 7 hours

**Cost:** Free to NSC/NSCP/Shared Lives/Unpaid carers. Paid carers £30

## CONTACT A FAMILY

**Description:** We provide free training for parent carers who work with children and young people 0-25 years old with SEND.

The courses or topics on offer are:

- Money Matters – General Financial advice, grants, money saving tips, benefits overview
- PIP – Personal Independence Payments in more depth
- DLA – Disabled Living Allowance – form filling together and hints and tips
- Siblings Training
- Challenging Behaviour/Behaviour that Challenges
- Stress Management
- Sleep Workshops
- Transition (Financial, Wills and Trusts, Future Planning and Mental Capacity)
- Transition (SEND Education and Mental Capacity)
- Puberty and Relationships (which also incorporates Sexual Mental Capacity)
- SEND – Education and Health Care Plans, Person Centred Planning, Children and Families Act

We can also attend coffee mornings /drop ins/ SENCO Conferences /Health Visitors CPD days etc to work around disability awareness and the above subjects

**How to book:** Please contact Sarah King at Contact A Family - Direct Line: 0117 971 1334 Mobile: 07920 654866 or email [sarah.king@cafamily.org.uk](mailto:sarah.king@cafamily.org.uk)

**Cost: Free to parent carers who work with children and young people 0-25 years old with SEND.**

**contact a family**  
for families with disabled children

## Useful contact numbers

- The Training Advisor: [learninghub@nsomersetcp-cic.nhs.uk](mailto:learninghub@nsomersetcp-cic.nhs.uk)  
or 01275 813878
- Sarah King – Contact A Family - 0117 971 1334/07920 654866

## TRAINING VENUE ADDRESSES

Castlewood, Tickenham Road, Clevedon, BS21 6FW Tel: 01275 882800

Clevedon Town Council, 44 Old Street, Clevedon, BS21 6BU. Tel: 01275 877815

The Bridge Inn, North End Road, Yatton, Bristol BS49 4AU. Tel: 01934 839100

Motex Centre Winterstoke Road Weston-super-Mare Somerset BS23 3YW

Nailsea Fire Station, Pound Lane, Nailsea, Bristol, BS48 2NN

Pill Health Clinic, 3 Station Road, Pill BS20 0AB. Tel: 01275 813878

Walton Park Hotel, Wellington Terrace, Clevedon, North Somerset, BS21 7BL

Weston Academy, Weston General Hospital, Grange Road, Uphill BS23 4TQ